Useful Acupuncture/Acupressure Points on the Horse

Try these acupressure points at home in addition to consulting your veterinarian.

**Twitch Point:** GV-26, the upper lip between the nostrils
**Lip Chain:** GV-28, under the upper lip
*These two points also stimulate the respiratory and cardiovascular systems.*

**Milk Production:** GB-21, halfway up the scapula

**Sneezing/Allergies:** LI-20, behind nares

**Calming Points:**
- PC-6, in front of chestnut
- TH-5, in depression opposite PC-6
- GB-20, in depression behind the ear
- TH-17, just below the ear

**Colic Points:**
- ST-36, in a depression just below the tibial crest
  *(stimulates gut motility and overall flow of Qi)*
- ST-2, at bifurcation of vein just in front of the eye
- BL-21, stomach point just behind the last rib (requires deep stimulation)
- BL-25, a large intestine point requiring deep stimulation
- BL-27, a small intestine point requiring deep stimulation
*Always call your veterinarian when dealing with colic. These points are useful to use when waiting for your vet to arrive!*

**Appetite Stimulation:**
- GV-25, centrally located between the nares
Useful Acupuncture/Acupressure Points on the Dog

Try these acupressure points at home in addition to consulting your veterinarian.

Happy Point: GV-20, on top of the head

Shock, collapse, coma, heart attack: GV-26, on the median plane of the upper lip. Use strong stimulation with your fingernail.

Weakness, paralysis, GI condition: ST-36, distal to the head of the tibia

Calming Point: GB-20, in the depression behind the ear

Pain: BL-60, in the web of the hock (sometimes called the “aspirin point”)

Bladder or kidney problems: KI-3, opposite BL-60

Shock or seizures: KI-1, in center of hind paw, behind footpad

Arthritis: BL-11, lateral to the first thoracic vertebra

Kidney disease, disk disease, back pain: BL-23, behind the third lumbar vertebra

Master point for back & hind limbs: BL-40, in the popliteal fossa

Cleary Lake Veterinary Hospital
www.clearylakevets.com
952-435-VETS (8387)